



MAY

Our picks for the week.

- Celeriac
- Fuyu Persimmon
- Chestnuts
- Rappe
- Quince
- Rouge Spring Onions
- Broad Beans
- Borlotti Beans
- Corn
- Celtuce

Specials

- Quince \$2:00 each
- Corn \$16:00 per box
- Green Zucchini \$18:00 per box
- Machine Green Beans \$2:80 per kg

Market News

Don't forget to place your orders through our MP phone app to get our weekly specials.....

New kid on the block..... Red Love Apples, red on the inside and outside and flavour reminiscent of a Granny Smith. *****NOT DUE FOR RELEASE UNTIL END OF YEAR.**

Lovage is back on for mid week and expected to be around for a few months.

Pine mushrooms and Slippery Jacks have all but stopped..... Southern Tablelands had a deluge of rain last night which will help so our forager is on her way as we speak, fingers crossed.

Broad Beans are in on a more consistent basis now so put em on your menus.....

Round Cumquats have started, Oval still a few weeks away.

USA navels have stopped as we move into Aussie season, fruit a touch tart still. Local Valencia have finished.

Vegetables in good supply

Jerusalem Artichokes, Green Beans, Cukes, Local Hydro Eggplant, Fennel, Kohlrabi, Silver beet, Peas, Snow Peas, Gourmet Tomatoes, Zucchini, Kale, Rainbow Chard, Corn(local), Cabbage, Butter Beans, Baby Beans, Borlotti Beans, Brussel Sprouts, Bullhorn Capsicum, Gherkins, Radishes, Rappe, Gherkins.

Potatoes in good supply

Dutch Cream, King Edward, Nicola, Sebago, Desiree, Ruby Lou, Pink Eye, Purple Bliss, Royal Blue, Russet.

Fruit in good supply

Bananas, Strawberries, Raspberries, Black Berries, Kiwi(Italy), Honeydew, Rockmelon, Watermelon, Pears, Pomegranate, Black Figs, Mandarin, Red, Black and Green Grapes, Yellow Honeydew, Guava, Rhubarb, Corella Pears, Persimmon, Papaya, Nashi.

Australian Natives

Saltbush, Samphire, Karkalla, Warrigal Greens(also available in 1kg & 3kg pre-order only), Seaspray

Eggs

Regular 600gm, Cage free 660gm, Chef Select 700gm, XL 800gm, Free Range 660gm, Organic 660gm.

Asian Vegetables and Fruit

Taro, Jicama, Green Papaya, Tito, Bok Choy, Choy Sum, Longon, Finger Limes, Custard Apples, Starfruit, Dragonfruit, Celtuce, Achacha.

Micro Herb, Salad Leaf and Baby Vegetable.

Green and Red Elk, Red Vein Sorrel, Hot Mustard, Upland Cress, Red Mizzuna, Warrigal Greens, Seasonal Mix and Watercress Tips, Wasabi Mustard, Bronze Fennel, Summer Purslane, Amaranth, Salad Burnet, Red Lace, Bulls Blood, Blood Mustard, Yarrow, Cranberry Hibiscus.

Japanese and Blush Turnips, Finger Fennel, Pencil Leeks, Amsterdam Carrots, Paris Carrots, French Radish, Baby Corn in Husk.

Mixed Flowers, Fennel Flower, Rose Petals, Confetti Mix, Viola, Pansy, Sweet Allysum, Nasturtium, Marigold, Snap Dragon.

High Prices and short supply

Ginger, Chinese Cabbage, Passionfruit, Strawberries.

Finished for the season

Mangoes, Lychees, Green Almonds, Peaches, Nectarines, Kiwiberrys, Mangosteen.

