



March 2018

Our picks for the week.

- Kiwi Berry
- Cipollini Onion
- Champagne Melon
- Seedless Watermelon
- Pistachio
- Celeriac
- Green Olives
- Smoked Garlic
- Lemonade Fruit
- Fuyu Persimmon
- Baby Cabbages
- Lotus Root (small)
- Pine Mushrooms

Market News

Don't forget to place your orders through our MP phone app to get our weekly specials.....

I know it's early but the first of the fresh Chestnuts and Quince have arrived.

With this hot snap we will have problems with Zucchini Flowers for the week with most of the mature plants suffering heat stroke and with scheduled rain and cooler temps for the next 3-4 days not ideal conditions for growth of new crop.

Heirloom Dutch Carrots also light on.....

Lovage will be back on in 3 weeks.

We are heading into the back end of the stone fruit season with quality diminishing and sizes erring on the large side... few weeks left but start looking for alternatives..... KP Mangoes still going strong.

The first Pine Mushrooms have landed.... not a lot around at this stage so don't hold off!

Vegetables in good supply

Jerusalem Artichokes, Green Beans, Cukes, Local Eggplant, Fennel, Kohlrabi, Silver beet, Peas, Snow Peas, Rhubarb, Gourmet Tomatoes, Zucchini, Kale, Rainbow Chard, Corn(local), Zucchini Flowers, Cabbage, Butter Beans

Potatoes in good supply

Dutch Cream, King Edward, Nicola, Sebago, Desiree, Ruby Lou, Pink Eye, Purple Bliss, Royal Blue, Russet.

Fruit in good supply

Bananas, Blueberries, Strawberries, Raspberries, Black Berries, Kiwi(Italy), Honeydew, Rockmelon, Watermelon, Mango, Pears, Peaches, Nectarines, Pomegranate (USA), Black Figs, Mandarin(Spain/USA), Red, Black and Green Grapes, Yellow Honeydew, Blood Orange(USA), Piel de Sapo.

Australian Natives

Saltbush, Samphire, Karkalla, Warrigal Greens(also available in 1kg & 3kg pre-order only), Seaspray

Eggs

Regular 600gm, Cage free 660gm, Chef Select 700gm, XL 800gm, Free Range 660gm, Organic 660gm.

Asian Vegetables and Fruit

Taro, Jicama, Green Papaya, Tito, Bok Choy, Choy Sum, Jackfruit, Durian, Breadfruit, Mangosteen, Soursop, Kiwano.

Micro Herb, Salad Leaf and Baby Vegetable.

Green and Red Elk, Red Vein Sorrel, Hot Mustard, Upland Cress, Red Mizzuna, Warrigal Greens, Seasonal Mix and Watercress Tips, Wasabi Mustard, Bronze Fennel, Summer Purslane, Amaranth, Salad Burnet, Red Lace, Bulls Blood, Blood Mustard, Yarrow.

Japanese and Blush Turnips, Finger Fennel, Pencil Leeks, Amsterdam Carrots, Paris Carrots, French Radish, Baby Corn in Husk.

Mixed Flowers, Fennel Flower, Rose Petals, Confetti Mix, Viola, Pansy, Sweet Allysum, Nasturtium, Marigold, Snap Dragon.

Out of season

Japanese Land Seaweed, Rock Samphire, Wasabi Leaf, Chervil, Japanese Parsley, Wood Sorrel.

High Prices and short supply

Ginger, Avocado, Chinese Cabbage, Mangoes.

Finished for the season

Purple Congo Potatoes, Tamarillo, Red & White Currents, Green Almonds, Currant Grapes, Lychees, Apricots.